



Thoughts that *Blaam*

DR. KIRAN BEDI





#KBQUOTES

Storyline

Dr. Kiran Bedi, Hon'ble Lieutenant Governor of Puducherry brings an atmosphere of Gratitude, Abundance, and Team spirit to the spaces around her. Acclaimed worldwide as a Mega Icon, with more than 35 years of creative and informative policing, Most trusted woman, Ramon Magsaysay Awardee, First Woman IPS Officer, most recently - People's Governor - Dr.Kiran Bedi, has several accolades to her credit.

As the Lt Governor of Puducherry, she continues to infuse creative and innovative leadership in public administration. A strong believer in collaborative governance, optimal use of technology, transparency are hallmarks of her transformational leadership. This document is a compilation of her quotes from the various online webinars addressed from June 2020 to December 2020. Ranging from self-growth, inner reflection, to nation-building, each quote is distinct in its expression.

The Pondy Connect

A place for seekers of higher consciousness and progressive thought lines, ours is a quaint town dotted with varied flowers in its many streetscapes. The Mother and Sri Aurobindo connected nature with human virtues. As a result, flowers were named with human characteristics and expressions. This unique nomenclature resulted in flowers having a new meaning. [#KBquotes](#)

In this compilation, we have creatively categorized quotes as human virtues. These quotes will nourish minds to blossom with unique identities - fragrances and colors. With gratitude to the essence of Puducherry, the land of Sri Aurobindo and The Mother, the quotes are our humble offering to our Mentor - Dr. Kiran Bedi; for her [#InspiredLeadership](#) [#LeadershipSeries](#)

Revive | Realign | Reinvent | Renew

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Orchids @ Raj Nivas, Pondicherry

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01

CALTROP

Small yellow saucer-shaped rotate wayside flower with five spreading overlapping petals; borne singly from the leaf axils. A mostly prostrate annual or perennial herb bearing hard nutlets with sharp spines.



FIRST MENTAL AWAKENING

Humanity

It has preceded and prepared man's
future upon the earth. - *The Mother*



HUMANITY



A life of unselfish living and compassion is
what makes us human





HUMANITY



Patriarchy is still around the world. The Man was the provider
and the woman the server, but now it's changing.
We have inherited patriarchy, but we don't have to pass it on.





HUMANITY



My belief in the harmony of faiths as a child makes me the inclusive, humane person I am today.





H U M A N I T Y



I believe in prayer. I believe in gratitude and serving people.





Tiny white bilabiate flowers lightly tinged pink with green leaves and a greenish-purple calyx and stem, the latter becoming entirely purple towards the tip of the raceme. A shrubby annual or perennial culinary herb with aromatic leaves.



SETS THE EXAMPLE AND HOPES TO BE FOLLOWED

Discipline

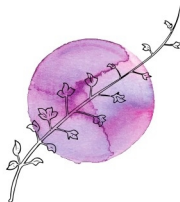
Without character, without some kind of high or strong discipline,
there is no enduring power of life. - Sri Aurobindo



DISCIPLINE



Collective and individual governance can turn COVID from
despair to discipline.

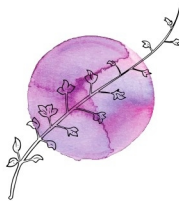




DISCIPLINE



Self-discipline is being your own teacher.
To be organized, self-regulated, and to reflect.

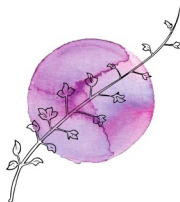




DISCIPLINE



If you pay attention to what you are doing,
you will do much more.

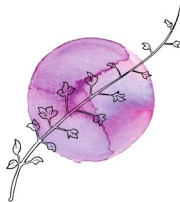




DISCIPLINE



If you lose your morning,
you lose a lot of energy for the day.

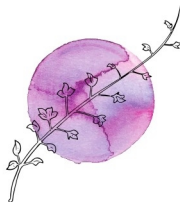




DISCIPLINE



Authenticity is internal.
Am I listening to myself? Am I correcting myself?

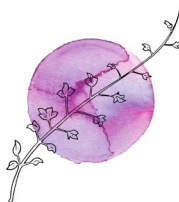




DISCIPLINE



Invest your energy in solutions and not problems.

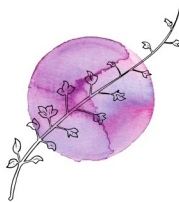




DISCIPLINE



*"ABCD of Freedom:
Ability to perform, Boundaries for yourself, Consciously
Correct Choices, Do what you want to".*





DISCIPLINE



If you plant *honesty*, you will reap *trust*.

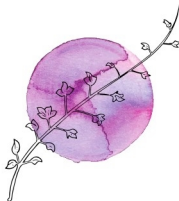
If you plant *goodness*, you will reap *friends*.

If you plant *humility*, you will reap *greatness*.

If you plant *perseverance*, you will reap *victory*.

If you plant *hard work*, you will reap *success*.

So, be careful what you plant now; it will determine what you will reap later.

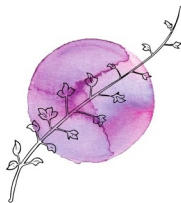




DISCIPLINE



The only way to read a book is with
lots of love and concentration.

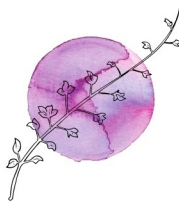




DISCIPLINE



Let's live in an uncertain world, but be prepared for uncertainty and be ready to do with a minimum.

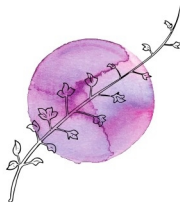




DISCIPLINE



If you like what you're doing,
you don't have to work a day.

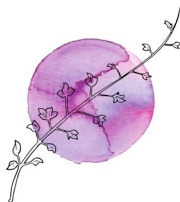




DISCIPLINE



Making a string of good habits is important to be disciplined.

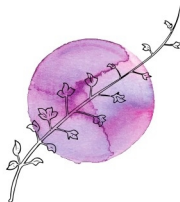




DISCIPLINE



Nothing is impossible,
no target unachievable – one just has to try harder and harder.

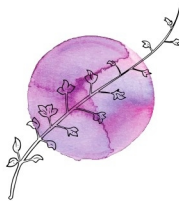




DISCIPLINE



It's your own decision to not get distracted.
It is also your own choice to be distracted.
The choice is in your hands.





03

SPANISH FLAG

Small slightly curved tubular bright red flower that fades to yellow with age, with prominently exerted stamens; borne in many-flowered onesided axillary racemes. A light annual vine with lobed leaves.



THIRST TO LEARN

Learning

One of the qualities that facilitate integral progress - *The Mother*



LEARNING



Be your own teacher and examiner.
Life is too short, read, and learn everything you can.



”
L E A R N I N G
|

Self-learning leads to unlimited possibilities and knowledge.





LEARNING



Volunteerism is a part of growth and
should be a part of education.





LEARNING



The one thing that is to be kept in mind is to make use of the full potential and complete use of opportunities, whatever they might be.





LEARNING



When you teach what you learn,
you learn it so much better.





LEARNING



"To fuel your curiosity and to always be open to learning
is the essence of growth."





LEARNING



A good teacher educates; a great teacher transforms.





LEARNING



When parents invest their best in education,
children love education.





LEARNING



The one thing that is to be kept in mind is to make use of the full potential and complete use of opportunities, whatever they might be.





LEARNING



Focus on what is right before you give it your best.
It sows the seeds of tomorrow.





LEARNING



What is the value of education which does not inculcate passion and fearlessness for setting right what is wrong?





LEARNING



"Extracurricular activities make you
versatile and become habits to progress ahead"





04

ROSE PERIWINKLE

Small to medium-sized salverform flowers with a narrow green corolla tube and a limb divided into five separated spatulate lobes; in white and shades of pink and red, often with a contrasting eye; borne singly in the leaf axils. A long-blooming perennial herb.



THIS IS WHY WE ARE ON EARTH

Progress

Give up all personal seeking for comfort, satisfaction, enjoyment, or happiness. Be only a burning fire for progress, take whatever comes to you as an aid to your progress, and immediately make whatever progress is required - *The Mother*



PROGRESS



Change is the law and growth is a choice.
Choose wisely one day at a time.





PROGRESS



Steps to self-growth: *GRASP*

G - get to know *R* - Reflection *A* - Accept your limitations

S - Be sensitive *P* - Practice.





PROGRESS



Between Birth and Death lies a choice of
self-improvement we make every day.





P R O G R E S S



The only way to fight back is to win





05

VIRGIN'S BOWER

Small fragrant white flower with four narrow petal-like sepals and numerous stamens; borne in full panicles. A delicate vine with ovate-lanceolate leaves.



SENTRY | EVER AWAKE

Leadership

“The power of his contact, of his presence, of the nearness of his soul to the soul of another. The leader who is in possession of such power channels it into his subordinates for their development and such action
- Sri Aurobindo



LEADERSHIP



Leadership Concept: **TEA**

T- Be **Trustworthy**

E- Empower those around you **A**- Be **Accountable**





LEADERSHIP



When you do your best in a limited capacity,
you set an example for better leadership.





LEADERSHIP



A leader faces and directs a crisis,
does not run away from it".





LEADERSHIP



Leadership is not about a position
but a person as a whole.





LEADERSHIP



Leadership is a trait that entails responsibility not merely a position.
It is a workshop for doing things and getting things done.
Tough things go, but the tough stay on.





LEADERSHIP



Power is to serve and deliver, not to amass.





LEADERSHIP



Volunteerism is the first step towards grassroots leadership.





LEADERSHIP



Great leaders are confident, connected, committed, and courageous





LEADERSHIP



Authenticity is the first quality of leadership.
Authenticity is not a favour you do for others but for you.





LEADERSHIP



The most important characteristic of leadership is to be trustworthy.
One has to command respect and not demand respect.





LEADERSHIP



When you are a leader who works hard,
your juniors work harder.





LEADERSHIP



Leadership is about standing for the last person in your organization.





Unique medium-sized cream white cup-shaped flower heavily spotted maroon with a maroon center, a greenish-yellow throat, and an acutely bent and inflated corolla tube; borne singly. A slender graceful vine with kidney-shaped leaves.



BRINGS ITS MANIFOLD GIFTS TO HIM WHO KNOWS HOW TO RECEIVE THEM

Inspiration

Inspiration is a slender river of brightness leaping from a vast and eternal knowledge; it exceeds reason more perfectly than reason exceeds the knowledge of the senses - *Sri Aurobindo*



INSPIRATION



Inspiration is like good health, nurtured bit by bit every day.
You read right, think right, do right. It's the right action which
continues to nutrition you.





INSPIRATION



Positivity, goodness, and discipline should be a
constant inspiration in all our lives.





I N S P I R A T I O N



Inspiration isn't just one person or a book, It's all of the little moments and situations combined.





INSPIRATION



While appreciation from others does motivate you momentarily;
it is self-appreciation that is the key to develop and grow consistently.





INSPIRATION



Motivation comes from within if you love what you do.





INSPIRATION



It is the environment, life's experiences, beliefs, and adherence to the laws of life that paves the way to fearlessness.





07

INDIAN CORK TREE

Medium-sized fragrant white salverform flower with a long thin corolla tube and the limb divided into four pointed lobes, the upper lobe partly split; borne in loose panicles. A tall fast-growing evergreen tree with corky bark and dark green foliage.



THE GOAL OF CREATION

Transformation

The psychic transformation, spiritual transformation, and supramental transformation are the different statuses of transformation - *The Mother*



TRANSFORMATION



Transformation occurs when you look for solutions, not escape.
Transformation comes from creative minds.





TRANSFORMATION



To know your purpose in life,
you have to know yourself first.





TRANSFORMATION



Where there is no struggle, there is no strength.





T R A N S F O R M A T I O N



People who reach tough or unconventional positions make choices, not sacrifices.





TRANSFORMATION



What a national revolution it would be
if each one of us were to self-police.





TRANSFORMATION



Its the extra that we do after we
have done our best - which makes us excel.





08

ROSE

Medium to large red flower. A large shrub.



THE SURE SIGN OF CONVERSION

Change

May they become a real fact, and their abundance will save the world



C H A N G E



You can wither away, you can while away,
you can sulk and live in the past or you can instead
live in the present and stop worrying about the future.



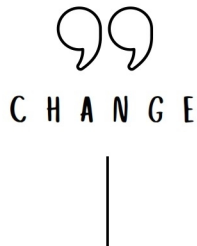


C H A N G E



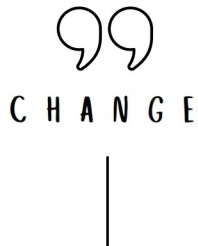
When thoughts turn negative,
distract yourself to the positive.





Change is the Law, Growth is Optional; Choose Wisely.





Be the change you wish to see in the world.





09

BUSH GLORY MORNING

Large white to pale pink extremely sheer funnellform flower with a lavender-pink throat; borne singly; flowers close rapidly towards mid-day. A straggling shrub that blooms profusely most of the year.



IT IS YOU WHO OPEN ALL THE CLOSED DOORS AND ALLOW THE SAVING GRACE TO ENTER.

Gratitude

There is nothing that gives you a joy equal to that of gratitude. You hear a bird sing, you see a lovely flower, you look at a little child, observe an act of generosity, read a beautiful sentence, look at the setting sun, anything whatever: suddenly this comes upon you, this kind of emotion, so deep, so intense, that the world manifests the Divine that there is something behind the world which is the Divine. *The Mother*



GRATITUDE



Leaders prioritize their life worth of values and
gratitude over their net worth.





G R A T I T U D E



We are here for a short time,
nothing we acquire truly belongs to us.





10

CHAIN OF LOVE



LET US WORK FOR THE DAY WHEN THIS WILL BECOME BOTH THE MEANS AND THE END.

New Normal

First, not to want to be ill, and then not to be afraid of illness.
You must neither attract it nor tremble. *The Mother*



NEW NORMAL



The COVID-19 pandemic is a time for cooperation,
communication, and contentment with what we have.





NEW NORMAL



" The COVID-19 pandemic shouldn't change the work you do,
only the way you do it".





NEW NORMAL



"COVID Mantra:

1. Acceptance and not Resilience
2. Reconcile to things we can't do.
3. Reflection
4. Cooperation"





NEW NORMAL



Compelling circumstances have driven us to be innovative and use our available resources.





NEW NORMAL



Teachers should ensure that those children who have access to digital resources are using them to enhance their creativity.





NEW NORMAL



This is the time to think, rethink, and evaluate all the choices and decisions you want to make in life.





NEW NORMAL



Read, Do, Say, think and prepare for the altering
circumstances.





NEW NORMAL



This lockdown is not a competitive race but an opportunity to
find what brings you joy.





NEW NORMAL



Learn a skill today and a few years from now,
you'll look back and thank yourself.





NEW NORMAL



‘Self-Protection’ is ‘Social-Protection’





11

LEMONIA

Small bright rose-pink solitary salverform flower with five rounded somewhat fleshy lobes, two much shorter than the others, and a short corolla tube. An almost glabrous evergreen shrub with glossy three-lobed leaves.



SMILING, PEACEFUL, RADIANT, WITHOUT A SHADOW.

Happiness

For your heart to remain happy keep it always filled with gratefulness.
Gratefulness is the surest way to the Divine. *The Mother*



H A P P I N E S S



It is the song you choose to carry in the heart
that will keep you going.





H A P P I N E S S



To do something right is to put your head,
heart and hands to it.





H A P P I N E S S



Things you love don't pressurize you.





H A P P I N E S S



Always stand by your values, not your feelings.





H A P P I N E S S



When you indulge yourself in activities that you love, you're enjoying your time and not wasting it.





H A P P I N E S S



RWDR:

1. **R:** Read every day
2. **W:** Write one page
3. **D:** Do one good deed a day
4. **R:** Reflect





12

CHINESE HIBISCUS

Very large single bright magenta flower with firm crinkled slightly recurved petals.



POWER IN SERVICE OF THE FUTURE

Nation Building

In concentration and silence we must
gather strength for the right action. *The Mother*



N A T I O N B U I L D I N G



The country needs more people who evolve, are ready to grow
and audit their actions every day.





N A T I O N B U I L D I N G



When you are a civil servant,
you are a self-employed employee.





N A T I O N B U I L D I N G



India needs public officials who
are ready to serve the people and not themselves.





N A T I O N B U I L D I N G



Civil Services is a transformational
and not a transactional service.





N A T I O N B U I L D I N G



Civil Servants must remember that behind every file is a person(s), a community or even a population.





N A T I O N B U I L D I N G



Good solutions involve more people and less money.





N A T I O N B U I L D I N G



Tihar was the result of my belief in
the continuous power of correction.





N A T I O N B U I L D I N G



Education is the biggest builder of any nation and if I had to reform anybody, education would be the doorway and key





N A T I O N B U I L D I N G



This world needs the right kind of people with the right kind of skills in the right places.





N A T I O N B U I L D I N G



A policeman/woman is the most powerful social worker because they have the power to change, correct, and persuade.





N A T I O N B U I L D I N G



Teach your daughters to be self-reliant
and sons to be responsible.





N A T I O N B U I L D I N G



What a national revolution it would be
if each one of us were to self-police.





N A T I O N B U I L D I N G



To build a nation, you have to build yourself first.







MUST BE USED CONSCIOUSLY

Time

With confidence we shall advance, with certitude we shall wait. *The Mother*



Your usage of time comes down to your five senses.
They are your doorways to time management. What should I be
hearing? What should I be watching?





Time is a liquid asset.
It keeps flowing irrespective of what you choose to do with it.





To learn how to manage time well, one must understand the unpredictability, impertinence, and fluidity of time.





Time management is an investment in your energies.





Realistic and achievable goals are essential to increase your capacity and to be motivated at all times.





If you train in peace, you win the war





Good time management is when you know that what you are doing; is by your choice.

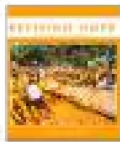




People who do not take charge of their lives are
lathi-charged by time.



Publications





Gratitude

TEAM RAJ NIVAS

BOOK DEVELOPED BY: Asha Gupta | Beena Sivan | Khushi Goyal
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