

## **A Wrap Up Note By Interns At Raj Nivas, Puducherry.** **(May 6<sup>th</sup> 2019 – June 6<sup>th</sup> 2019)**

Youth Engagement Programme organized by Raj Nivas, Puducherry from 6th May 2019 to 6th June 2019, for us has been one time life experience one could ever wish for. What we had was knowledge, what we gained here was wisdom. Quality internships are essential which helped us to develop key skills that one cannot get in classroom.

We were able to witness the hindrances in bureaucracy and the innovative ideas like Open House, Office Visits, **Prosperous Puducherry** whats app group and many more that led to come up with different solutions. We got Insight into different administrative case studies and also how different leaders played their role with exhibiting highest degree of leadership.

Industrial and spiritual field visits gave us a clear picture of you the person, You the Professional. Enabling leadership skills through different real time experiences like Team activities, managing the back stage of various programmes, attending the interactive sessions of various dignified administrators and managers across India.

We went through Inner transformation through spiritual means headed by Isha Foundation. Alarming to the fact that the environment is degrading enormously and there is indeed a need for human help. We achieved this through cleaning of beaches and lakes. Fitness was at the priority list. We experienced how important it is to be fit through different activities like yoga, beach walks and sports. We discussed on alarming matters that helped us to develop our analytical and statistical skills.

In a period of a month, seeds of discipline were sown in us. One day we all interns will group up into strong trees that will bear fruits and make the return healthy and strong.

**Compiled and Composed By,**

**24 INTERNS**